

# LAHIC JAIL PANEL FORMAT

Hi. My name is \_\_\_\_\_ and I am an alcoholic. Are there any other alcoholics present?

We are members of the Los Angeles Hospital and Institution Committee of Alcoholics Anonymous. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

We begin this meeting with the SERENITY PRAYER.

It is customary to read selected portions from our book, "Alcoholics Anonymous." I have asked \_\_\_\_\_ to read a portion of Chapter Five.

Optional readings: Chapter Three and Twelve Traditions.

I have asked \_\_\_\_\_ to read a portion of Chapter Three.

I have asked \_\_\_\_\_ to read our Twelve Traditions.

Anything we say that is not a direct quote from our book "Alcoholics Anonymous" is our personal experience only. We do not speak for A.A. as a whole.

Alcoholics Anonymous can help you get to a meeting when you leave this facility. The "Bridging the Gap Committee" can help you or the pamphlet "A.A. Corrections Pre-release Contact Information". Please see the brochures about them here which explain these services. When writing, please include your return address so someone from the area can correspond with you to make the arrangements. You can also call Information and ask for "AA Central Office". They have 24/7 hotlines to help you find a meeting. Their phone number is also on the front cover of the AA Meeting Directory.

After our panel members have spoken, there may be time for questions and answers pertinent to Alcoholics Anonymous or our recovery from the disease of alcoholism.

Please hold your questions or comments until after all of our panel members have spoken.

PANEL SPEAKERS SHARE

Optional: QUESTION & ANSWER PERIOD

We close with the Serenity Prayer