

THE L.A. HOSPITALS AND INSTITUTIONS COMMITTEE
OF ALCOHOLICS ANONYMOUS:
OPERATING INSTRUCTIONS
FOR ALL PANEL LEADERS AND SPEAKERS

1. An AA panel meeting conducted under this Committee will, at all times, be under the direct supervision of a Panel Leader who is a member of this Committee.
2. Every panel member must have a minimum of one year continuous sobriety for correctional and psychiatric facilities, and six months of hospitals and detox centers.
3. NO member of AA on parole or probation will be allowed to participate in or attend an AA panel meeting in any correctional institution being served by the Committee without an advanced clearance by the administration of the institution.
4. A panel chart, with specific instructions of the institution, will be furnished by the Committee to all Panel Leaders.
5. Panel Leaders WILL BE responsible for the conduct of any speakers taken into the institution and will instruct them in advance regarding the regulations of the institution and the Committee.
6. The sole purpose of any AA panel meeting is sobrietyófreedom from alcohol. All Speakers and Panel Leaders will confine their sharing to iwhat we used to be like, what happened, and what we are like nowî in their recovery from the disease of alcoholism.
7. Panel Leaders and Speakers SHALL NOT criticize institution personnel, facilities, policies or practices. This includes opinions on medications.
8. Use of profanity and vulgar stories are strictly prohibited (NO SEX-O-LOGS).
9. Do not take anything in or out of an institution. DO NOT exchange addresses or phone numbers with inmates or patients.
10. Inmates or patients requesting iContact Upon Releaseî information, or other AA personal contact, should be referred to the L.A. Central Office.
11. Panel Leaders and Speakers SHOULD NOT, in the name of AA, promise inmates or patients help in securing an early release, jobs, financial assistance, or any other material benefit.
12. NO speaker shall go on a panel to visit or contact a relative or friend who is confined.