

LOS ANGELES HOSPITAL & INSTITUTIONAL COMMITTEE (LAHIC)
HOSPITAL PANEL SPEAKER CONFIRMATION

YOU ARE CONFIRMED AS A SPEAKER ON THE FOLLOWING PANEL:

FACILITY: _____

DAY: _____ DATE: _____ TIME: _____

PLEASE MEET FOR THE PANEL AT THE FOLLOWING LOCATION:

PLACE: _____ TIME: _____

IF YOU HAVE ANY QUESTIONS OR PROBLEMS, PLEASE CALL:

PANEL LEADER: _____

CELL PHONE: _____ EMAIL: _____

If you can't reach the Panel Leader, Call the Panel Chairperson, Area Supervisor, or Panel Board Chairperson. Refer to the LAHIC Sounding Board Newsletter or LAHIC.org websites for phone numbers and / or email addresses.

As a speaker on this panel, you are a representative of the LAHIC and a guest of the facility you will be visiting. As such, you must abide by the following rules:

1. You must qualify as an alcoholic. Please focus your sharing on recovery from alcoholism.
2. **DO NOT** give a prolonged drunk-a-log. Make sure you talk about recovery and living sober with the program and the twelve steps.
3. **DO NOT** make any derogatory remarks about the facility or its officials.
4. **DO NOT** talk down to the group or use profane or vulgar language. (No Sex-O-Logs)
5. **DO NOT** take anything in or bring anything out with you, except literature.
6. Please abide by facility rules regarding phone number exchange.
7. **DO NOT** wear shorts and sandals.
8. Women **must not** wear short or slit skirts, low-cut tops, or tight fitting clothes.
9. **DO NOT** go on a panel or institution if you know or correspond with someone there.
10. **DO NOT** text message during any panel.
11. Panel Leaders are responsible for the conduct of their speakers.

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