

LAHIC HOSPITAL PANEL FORMAT

Hi. My name is _____ and I am an alcoholic. Are there any other alcoholics present?

We are members of the Los Angeles Hospital and Institution Committee of Alcoholics Anonymous. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

We begin this meeting with the SERENITY PRAYER.

It is customary to read selected portions from our book, "Alcoholics Anonymous." I have asked _____ to read a portion of Chapter Five.

Optional readings: Chapter Three and Twelve Traditions.

I have asked _____ to read a portion of Chapter Three.

I have asked _____ to read our Twelve Traditions.

Anything we say that is not a direct quote from our book "Alcoholics Anonymous" is our personal experience only. We do not speak for A.A. as a whole.

The Los Angeles Central office of Alcoholics Anonymous can help you locate a meeting when you leave this facility. A 24-hour number is located on the front cover of the Meeting Directory. We suggest you call ahead, prior to your discharge, so you have a meeting location planned in advance. **If you would like to have an AA Member meet you and take you to some meetings, and/or introduce you to other members of Alcoholics Anonymous, you should contact Bridging the Gap Temporary Contact Program. The Area 05 Treatment Facilities Committee oversees the Bridging the Gap Program, which connects newcomers leaving treatment to local AA Members who they can meet and attend meetings with after they discharge. If you are interested in contacting Bridging the Gap, send an email to btgarea05@gmail.com or the Treatment Facilities Committee at tfc@aa.org. You can also call 413-BTG-AA05 (413-284-2205) to speak to a member of the Los Angeles Bridging the Gap Program.**

After our panel members have spoken, there may be time for questions and answers pertinent to Alcoholics Anonymous or our recovery from the disease of alcoholism. Please hold your questions or comments until after all of our panel members have spoken.

PANEL SPEAKERS SHARE

Optional: QUESTION & ANSWER PERIOD

We close with the Serenity Prayer